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| **21/22- Year 7 Food technology** | | | | |
|  | **Autumn** | **Spring** | **Summer** | |
| **Unit Length** | **Health safety**  (8 weeks) 3 lessons.  **Healthy eating**  (7 weeks) 3 lessons. | **Eatwell guide**  (6 weeks) 3 lessons  **Nutrition**  (6 weeks) 3 lessons | **Vitamin and minerals**  (5 weeks) 3 lessons.  **Food spoilage**  (7 weeks) 3 lessons. | |
| **Assessment Objectives** |  | | | |
| **Description of the topic and key learning outcomes.** | Autumn 1  Introduction to food technology and health and safety into the food room. Students will develop basic practical skills using the bridge and claw technique.  Autumn 2:  Introduction into healthy eating and the eight healthy eating guidelines  Developing practical skills and familiarity of kitchen equipment, ability to analyse dishes to healthy eating guidelines. | Spring 1  Introduction into the Eatwell guide function of elements of nutrients on the eat well guide  Spring 2  Analyse of carbohydrates and its function within our diet. Analyse practical the eat well guide. | Summer 1  Analyses of the eat well guide focusing on fruit and vegetables section. Basic knowledge on vitamins and minerals.  Practical focus on making a vitamin rich dish.  Evaluating dish with the eat well guide.  Summer 2:  Food spoilage further understanding of kitchen control measures. Developing skills within practical lessons. | |
| **Milestone assessments** | **Baseline test**  **Practical assessment** | **Practical assessment**  **Knowledge audit** | **Practical assessment**  **Knowledge audit** | |
| **CEIAG / RRSA** |  | | | |
| Links to working in the food industry  Links to be a nutritionist | | |
| **Wider Curriculum Links** | Links to Physical education and science understanding of nutrients and elements of the eat well guide | | | |
| **Literacy programme** | Written research, reciprocal reading analyse of nutrients function | | | |
| **Independent Learning Tasks** | Knowledge organiser revision | | | |