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### **Atoms and isotopes**

- Structure of an atom
- Mass number, atomic number and isotopes
- Development of the atomic model

### Atoms and nuclear radiation

- Radioactive decay and nuclear radiation
- Nuclear equations
- Half lives and random nature of decay
- Radioactive contamination

#### Hazards and uses of radioactive emissions (physics only)

- Background radiation
- Different half lives of radioactive isotopes
- Uses of nuclear radiation

#### Nuclear fusion and fission (physics only HT)

- Nuclear fission
- Nuclear fusion

### **Overview Atomic structure**





## LearnIT! KnowIT!

### **Atoms and isotopes**

- Structure of an atom
- Mass number, atomic number and isotopes
- Development of the model of

the atom.

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Atoms are made up of different numbers of protons, neutrons and electrons. Atoms have the same number of + protons as – electrons so they are electrically neutral.

**Electrons** (-1 charge) arranged in **orbits or energy levels** around the nucleus.

Energy levels can hold a maximum of: 2 e<sup>-</sup> in the first level 8 e<sup>-</sup> in the second level 8 e<sup>-</sup> in the third level

The radius of the nucleus is less than **1/10 000** the radius of the atom – the atom is **99.999999%** empty space!





Electrons can absorb electromagnetic radiation. This excites the electron and can cause it to "jump" to a higher energy level.
It can then release this energy as an electromagnetic wave by falling back to its original energy level.



The electron can emit this stored energy as electromagnetic radiation. As it loses energy the electron returns to its original energy level.



A photon is the amount of energy needed to make an electron jump an energy level. This same amount of energy will be emitted as a photon of electromagnetic radiation as the electron drops back to its original ground state.





All atoms of a particular element have the **same number of protons**. The number of protons in an element is called its **atomic number**.



#### **Protons**

On the periodic table, oxygen is shown as having an atomic number of eight, therefore 8 protons.





#### **Neutrons**

The total number of protons and neutrons in an atom is called its mass number. Oxygen has a mass number of 16. If it has 8 protons it must therefore have 8 neutrons to make a mass number of 16.

#### **Electrons**

Atoms are electrically neutral so there must be the **same number** of electrons (-) as protons (+); **8 electrons**.

Oxygen has: 8 protons, (16 – 8) = 8 neutrons, and 8 electrons





Isotopes are elements with different atomic masses.

The number of protons can not change or it would not be the same element so **an isotope is an element with different numbers of neutrons**.





Both isotopes have the same number of protons and the same number of electrons.

Only the number of **neutrons changes** in an isotope.

better hope – brighter future





### Atoms can form **ions** if they gain or lose **electrons.** Atoms do this so they have **full outer energy levels.**



Atoms can lose (-) electrons to become positive (+) ions or gain (-) electrons to become negative (-) ions.

better hope – brighter future

### **Development of the model of the atom**









#### Rutherford's alpha scattering experiment

A beam of alpha particles are directed at a very thin gold foil screen.



Rutherford concluded that the gold atoms are mostly empty space with a positively charged nucleus that contains nearly all the mass of the atom. reflected because they collide with the nucleus of the gold atoms.



## QuestionIT!

### **Atoms and isotopes**

- Structure of an atom
- Mass number, atomic number and isotopes
- Development of the model of the atom.





### **Atoms and isotopes - QuestionIT**

- 1. The diameter of an atom is about 0.000 000 000 2 m. What is this distance in standard form?
- 2. What is the nucleus of an atom composed of?
- 3. Describe what happens when an electron drops to a lower energy level in an atom.
- 4. An atom of sodium is represented by:  $\int_{11}^{23} Na$

Use this information to determine the number of protons, neutrons and electrons in an atom of sodium.

5. What is the electrical charge attached to:

a neutron an electron a proton



6. What is the mass number and the atomic number for fluorine?



7. Beryllium has the chemical symbol:

### <sup>9</sup> **Be**

Use this information to draw a representation of an atom of beryllium.

8. A different isotope of beryllium has an extra neutron. Give the chemical symbol of this new isotope of beryllium.



9. The radioactive element Uranium has two common isotopes.

 ${}^{236}_{92}$  **U** and  ${}^{238}_{92}$  **U** 

Complete the table to show the number of protons, neutrons and electrons in each isotope.

lsotope	Protons	Neutrons	Electrons
<sup>236</sup> U			
<sup>238</sup> U 92			

10. Sodium can lose its outer electron to have a full outer energy level. What will the atom now become?



- 11. Which scientific discovery resulted in the solid atom theory being adapted into the "*plum pudding*" model of the atom?
- 12. Rutherford carried out an experiment to show alpha particles either passing through gold leaf, being scattered by it. Summarise the conclusions he made from this experiment.
- 13. What contribution did Niels Bohr make to the arrangement of electrons in the atomic model?



## **AnswerIT!**

### **Atoms and isotopes**

- Structure of an atom
- Mass number, atomic number and isotopes
- Development of the model of the atom.





1. The diameter of an atom is about 0.000 000 000 2 m. What is this distance in standard form?

2 x 10 <sup>-10</sup> m

- 2. What is the nucleus of an atom composed of? **Protons and neutrons (except Hydrogen which has no neutrons).**
- 3. Describe what happens when an electron drops to a lower energy level in an atom.

### It releases a photon of electromagnetic radiation.

- 4. An atom of sodium is represented by:  ${}^{23}_{11}$  Na
- 5. Use this information to determine the number of protons, neutrons and electrons in an atom of sodium.

Protons = 11 Neutrons = 12 Electrons = 11

6. What is the electrical charge attached to:

a neutron	Neutral
an electron	Negative
a proton	Positive



### **Atoms and isotopes - QuestionIT**

- 6. What is the mass number and the atomic number for fluorine? Mass number = 19; atomic number = 9  $19_9F$
- 7. Beryllium has the chemical symbol:

<sup>9</sup> **Be** 



Use this information to draw a representation of an atom of beryllium.

8. A different isotope of beryllium has an extra neutron. Give the chemical symbol of this new isotope of beryllium.





9. The radioactive element Uranium has two common isotopes.

 ${}^{236}_{92}$  U and  ${}^{238}_{92}$  U

Complete the table to show the number of protons, neutrons and electrons in each isotope.

Isotope	Protons	Neutrons	Electrons
<sup>236</sup> <sub>92</sub> U	92	144	92
<sup>238</sup> U <sub>92</sub> U	92	146	92

10. Sodium can lose its outer electron to have a full outer energy level. What will the atom now become?
 An ion with a charge of 1+



11. Which scientific discovery resulted in the solid atom theory being adapted into the "plum pudding" model of the atom? Discovery of the electron (in 1897).

12. Rutherford carried out an experiment to show alpha particles either passing through gold leaf, being scattered off it. Summarise the conclusions he made from this experiment.

Most passing through suggests atoms are mostly empty space.

Some being deflected suggests the nucleus has the same charge as the alpha particle (positive).

A few reflected suggests the nucleus is where most of the mass of the atom is.

13. What contribution did Niels Bohr make to the arrangement of electrons in the atomic model?

He realised that electrons orbit the nucleus in clearly defined energy levels, at different distances from the nucleus.

# LearnIT! KnowIT!

Atoms and nuclear radiation

- Radioactive decay and nuclear radiation
- Nuclear equations
- Half life and the random nature of radioactive decay
- Radioactive contamination

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### The nuclei of some atoms are unstable. To become more stable these nuclei give out radiation. This process is called radioactive decay.





There are three types of radioactive decay, alpha, beta and gamma. All come from the nucleus of the atom. In the examples below, only the nucleus is shown.



Alpha (symbol α or <sup>4</sup>He) consist of **2 protons and 2** neutrons emitted from the nucleus. They have a positive charge as they contain 2 (+) protons.



Beta (symbol  $\beta$  or  $\frac{0}{-1}e^{-1}$ ) consist of an electron emitted from the nucleus. This results from a neutron splitting into a proton and an electron. Beta particles are negatively charged.



Gamma rays (symbol γ) are electromagnetic radiation emitted from the nucleus. Gamma radiation has no mass and no electrical charge.



### Properties of alpha, beta and gamma radiation.



Alpha, beta and gamma radiation can penetrate different materials due to their differing nature.
Alpha – easily stopped by a few sheets of paper.
Beta – penetrates paper but stopped by a thin sheet of aluminium.
Gamma – only stopped by thick lead or several metres of concrete.

All three types of radiation cause **ionisation** of other atoms. If these atoms are in **living cells** it can cause damage which could lead to **cancer**.

Name	Symbol	Speed	Range in air	lonising power
Alpha	α	Slowest	6 - 8 cm	High
Beta	β	Medium	1 – 2 m	Medium
Gamma	γ	Fastest	300 - 500 m	Low



#### **Nuclear equations**

#### Nuclear equations show the changes to an atom when it emits radiation.

Beta emission

Gamma emission

Alpha emission



Nucleus loses 2 protons and 2 neutrons.

Atomic number will reduce by 2 and atomic mass by 4.

Nucleus loses an electron which is produced when a neutron turns into a proton. So mass stays the same but atomic number of the product increases by one.



238

92

No particles are emitted so there is **no change to the nucleus**. Atomic mass and atomic number stay the same.





Radioactive decay is a random process so the likelihood of a decay taking place is a probability problem. For this reason, the **half-life** of an isotope is given rather than saying how long it will take to fully decay.

The half-life of a radioactive isotope is the time it takes for the number of nuclei of the isotope in the sample to halve, or the time it takes for the count rate from a sample containing the isotope to fall to half its initial level.

The net decline of the isotope is the fraction remaining after a number of half lives. E.g.  $100 \rightarrow 50 \rightarrow 25$ After 2 half lives net decline is 75/100 = 3/4





### Calculating the half life of a radioactive isotope.

If you know the start and finish count rate and the time taken, you can calculate the half life.

Example:

The count rate of an isotope is 1008 Bq. This falls to a count rate of 126 over a period of 21 days.



3 half lives for count rate to fall to 126.

These 3 half lives took 21 days so each half life took 7 days.

Half life if this isotope = 7 days



200 counts / min at the beginning.
100 counts/min occurred after 1.2 hours.
50 counts/min occurred after 2.4 hours.
It always takes 1.2 hours for the count rate to halve.

Half life of Fermium - 252 = 1.2 hours.

### Radioactive substances can be hazardous by contamination or irradiation.

Irradiation is when an object or person is exposed to radiation. Protection from irradiation means stopping the radiation from reaching you.



Medical dressings are often irradiated but present no danger to the user. **Contamination** is when a radioactive source is in **contact** with an object or person. The radioactive substance rather than the emissions are present.



The object remains radioactive until the contamination is removed or decays naturally.



## QuestionIT!

# Atoms and nuclear radiation

- Radioactive decay and nuclear radiation
- Nuclear equations
- Half life and the random nature of radioactive decay
- Radioactive contamination





- 1. Which part of an atom is involved with radioactive decay?
- 2. Explain the meaning of the term activity, as applied to radioactive materials and state the units of activity.
- 3. What is meant by the term "count rate"?
- 4. Copy and complete the table to show the nature of alpha, beta and gamma radiations.

Radiation	Symbol	Composition	Electrical charge
Beta	β		
Gamma		Electromagnetic wave	
Alpha			+2



- 5. A piece of radioactive rock shows a reading of 350 counts/min. When covered in aluminium foil, this drops down to 4 counts/min. Explain which type of radiation this rock is emitting.
- Radioactive emissions are often described as ionising radiations. What does this mean?
- 7. Smoke detectors use americium-241 which is an alpha emitter. Explain why an alpha source is used in these detectors.
- 8. Why is an alpha particle often described as a helium nuclei?
- 9. Complete the nuclear equation for the beta decay of carbon.

$$^{14} C \longrightarrow ^{14}_{7} N +$$



- Uranium-235 undergoes an alpha decay to produce thorium-231. (atomic number of uranium is 92). Complete the nuclear equation for this process.
- 11. When iodine 131 decays, there is no mass change in the nucleus and no new products formed. What type of radioactive emission is this?
- 12. Explain what is meant by the term "half life".
- 13. A radioactive sample reduces its count rate from 240 counts/min to 30 counts/min over a period of 60 hours what is its half life?



14. Use the decay curve below to work out the half-life of the isotope.



15. (Physics only) Calculate the net decline of the above isotope expressed as a ratio, during radioactive emission after 3 halflives.



16. Explain the difference between radioactive irradiation and radioactive contamination.

17. Copy and complete the table below to suggest one way of preventing exposure to irradiation and contamination by radioactive materials.

Type of exposure	Method of preventing exposure
Irradiation	
Contamination	



## **AnswerIT!**

# Atoms and nuclear radiation

- Radioactive decay and nuclear radiation
- Nuclear equations
- Half life and the random nature of radioactive decay
- Radioactive contamination





- Which part of am atom is involved with radioactive decay? The nucleus only.
- Explain the meaning of the term activity as applied to radioactive materials and state the units of activity.
   The rate at which a source of unstable nuclei decays. Units Bq.
- What is meant by the term "count rate"?
   The number of radioactive decays recorded in a given time.
- 4. Copy and complete the table to show the nature of alpha, beta and gamma radiations.

Radiation	Symbol	Composition	Electrical charge
Beta	β	an electron	-1
Gamma	γ	Electromagnetic wave	0
Alpha	α	2 protons and 2 neutrons	+2



A piece of radioactive rock shows a reading of 350 counts/min.
 When covered in aluminium foil, this drops down to 4 counts/min.
 Explain which type of radiation this rock is emitting.
 Could be alpha or beta as both would be stopped by the foil and



gamma would not be stopped by the foil.
6. Radioactive emissions are often described as ionising radiations. What does this mean?

### The emissions knock off electrons from atoms which then become ions.

7. Smoke detectors use americium-241 which is an alpha emitter. Explain why an alpha source is used in these detectors.

Alpha particles are easily stopped by smoke.

### They do not travel far in air so are safe for the user.

- Why is an alpha particle often described as a helium nuclei?
   It contains 2 protons and 2 neutrons, the same as the nucleus of a helium atom.
- 9. Complete the nuclear equation for the beta decay of Carbon.

$${}^{14}_{6} C \longrightarrow {}^{14}_{7} N + {}^{0}_{-1} e$$



10. Uranium-235 undergoes an alpha decay to produce thorium-231. (atomic number of Uranium is 92). Complete the nuclear equation for this process.  $235_{92}^{235}$  U  $\longrightarrow 231_{90}^{231}$  Th  $+\frac{4}{90}$ 

11. When iodine 131 decays, there is no mass change in the nucleus and no new products formed. What type of radioactive emission is this?

### Gamma emission

12. Explain what is meant by the term "half life".

The time it takes a radioactive sample to lose half its radioactivity (as measured by count rate).

13. A radioactive sample reduces its count rate from 240

counts/min to 30 counts/min over a period of 60 hours what is its





14. Use the decay curve below to work out the half-life of the



80 = 0 day; 40 = 2 days. Difference = 2 days. Half-life = 2 days

14. (Physics only) Calculate the net decline of the above isotope expressed as a ratio, during radioactive emission after 3 half-lives.

Counts/ min reduce from 80 to 10 in 3 half-lives. Decline is 70/80 or 7/8ths



16. Explain the difference between radioactive irradiation and radioactive contamination.

Irradiation is exposure to emissions from radioactive materials that are not in contact with an object. Contamination is when radioactive materials are in contact with the object.

17. Copy and complete the table below to suggest one way of preventing exposure to irradiation and contamination by radioactive materials.

Type of exposure	Method of preventing exposure	
Irradiation	<ul><li>Wear protective clothing, e.g., lead apron, to shield</li><li>from radiation.</li><li>Move away from the radiation.</li><li>Shield the radiation with appropriate material.</li></ul>	
Contamination	Avoid contact with radioactive materials. Prevent radioactive materials being released into the environment.	



## LearnIT! KnowIT!

Hazards and uses of radioactive emissions and of background radiation (Physics only)

- Background radiation
- Different half lives of radioactive isotopes
- Uses of nuclear radiation





**Background radiation** is the constant , low level radiation in the environment. This can be natural radiation from rocks, building materials, cosmic rays etc. **Radioactive pollution** from nuclear testing, nuclear power and industrial/medical waste also contributes to background radiation.

### Sources of radioactive exposure and contamination.

- 😑 14% Medicine
- 🛑 1% 🛛 Nuclear Industry
- 🔵 42% Radon
- 18% Buildings/Soil
- 🛑 14% Cosmic
- 11% Food/Drinking Water
- 35% Natural Radiation



Everyone receives background radiation but people who work or live in locations with high levels of radiation receive additional doses of radiation. Some nuclear workers, medical staff, military and industrial workers may have higher doses due to working with radioactive sources.



### **Different half lives of isotopes**

#### Radioactive isotopes have an enormous range of half-lives.

### Examples of the range of half-lives of radioactive materials

Radioactive nuclide	Nuclide notation	Half-life
Lithium-8	8 3 Li	0.838 s
Krypton-89	<sup>89</sup> 36 Kr	3.16 minutes
Sodium-24	<sup>24</sup> <sub>11</sub> Na	15 hours
lodine-131	<sup>131</sup> 53	8 days
Cobalt-60	- <sup>60</sup> Co	5.27 years
Radium-228	<sup>226</sup> 88Ra	1600 years
Uranium-235	<sup>235</sup> U	703 <sup>.</sup> million years

#### Half-life and hazard

Radioactive isotopes with a short half-life often give high doses of radiation in a short period of time so are often dangerous. Long half-life isotopes are low dose hazards but they are around for a very long time. Uranium-238 is the main fuel producer for the nuclear industry but is so slow at emitting radiation it is often considered quite safe by scientists. Products of the nuclear industry such as lodine-131 are much more dangerous as they emit radiation at a much faster rate and are soluble so they get into the food chain much more easily.



#### **Uses of nuclear radiation (medical)**

Nuclear radiations are used as tracers in the body to explore possible injury or disease of internal organs.

A radioactive isotope is either injected or ingested into the body, given time to circulate and accumulate in damaged areas. Then the emissions radiating out of the body are detected.



A camera such as a gamma detector or a PET scanner detects any accumulation of the tracer.

Tracers have to be **beta or gamma** emitters as alpha does not penetrate the body. The tracer must also have a **very short half-life** to minimise dosage. **Radiation therapy** is used to treat illnesses such as cancer. **Cancer cells** are living cells and so are killed off by relatively high doses of **gamma rays**.



Here, the gamma rays are directed from the outside. The high dose required to kill the cancer cells will also kill healthy cells. The technique uses a 3 dimensional set of gamma ray guns all focussed on the cancer cells.

This kills the cancer cells while minimising the damage healthy cells.



## QuestionIT!

Hazards and uses of radioactive emissions and of background radiation (Physics only)

- Background radiation
- Different half lives of radioactive isotopes
- Uses of nuclear radiation





- 1. Describe sources of background radiation, clearly identifying which are natural and which are man-made.
- 2. Describe **two** occupations where the radiation dose received by workers is likely to be higher than the background radiation.
- 3. Lithium-8 is a beta emitter with a half life of 0.8 s. What precautions would you take when working with this isotope?



- 4. Radium 226 is an alpha emitter with a half-life of 1600 years. Explain how the way this material is stored is influenced by these properties.
- 5. The diagram shows how three separate gamma beams are used to treat a cancer tumour. Why is this preferred to using one powerful beam?



6. Alpha emitting radioisotopes cannot be used as tracers in the body to explore injured or diseased organs. Why?



## **AnswerIT!**

Hazards and uses of radioactive emissions ar of background radiation (Physics only)

- Background radiation
- Different half lives of radioactive isotopes
- Uses of nuclear radiation





- Describe sources of background radiation, clearly identifying which are natural and which are man made.
   Natural – rocks, cosmic radiation, building materials
   Man made – fallout from nuclear weapons testing, nuclear power accidents, industrial and medical waste.
- Describe two occupations where the radiation dose received by workers is likely to be higher than the background radiation.
   Working in the nuclear industry, as a radio-medical worker, working with radioisotopes in industry.

3. Lithium-8 is a beta emitter with a half life of 0.8 s. What precautions would you take when working with this isotope?
Take care not to ingest any material or come into contact with it (gloves, safety glasses, lab coat).
Isolate the material for 24 hours to allow it to decay to a safe level.

#### Hazards and uses of radioactive emissions and of background radiation (Physics only) – AnswerIT

- 4. Radium 226 is an alpha emitter with a half-life of 1600 years. Explain how the way this material is stored is influenced by these properties. Any sealed container will prevent radiation escaping as alpha particles are not very penetrating. Radioactive material will need to be placed in permanent storage, buried underground, as it will be radioactive for a very long time.
- 5. The diagram shows how three separate gamma beams are used to treat a cancer tumour. Why is this preferred to using one powerful beam?



Single beam will damage both healthy or cancer

cells but all three beams are focussed on the tumour so these cells receive a triple dose of radiation to kill them and reduces harm to healthy cells.

6. Alpha emitting radioisotopes cannot be used as tracers in the body to explore injured or diseased organs. Why?

Alpha particles are highly ionising so they will cause damage to bodily cells. They are also easily absorbed by body tissue so they will not escape the body to be detected.



# LearnIT! KnowIT!

### Nuclear fusion and fission (physics only – Higher Tier)

- Nuclear fission
- Nuclear fusion





Nuclear fission is the splitting of large, unstable atoms into two or more atoms along with the release of energy.



### **PixL Nuclear fission and fusion (physics only HT) – Nuclear fission**

Nuclear **fission releases more neutrons** which can lead to further fission reactions. If this is uncontrolled a **chain reaction** can occur which will release **vast amounts of energy**.



If the chain reaction is **not controlled** a vast amount of energy is released almost instantly. This is how a **nuclear** weapon works.

In a **nuclear reactor**, some of the **neutrons are absorbed** by boron rods to **control the reaction** and hence control the amount of energy released.

#### Nuclear fusion is the joining of two small (light) nuclei to form a larger nucleus.

When two small nuclei join to form a larger nucleus, a small amount of mass is changed into a large amount of energy.

Fusion reactions take place in stars to release vast amounts of energy. Here, two types of hydrogen nuclei, deuterium and tritium, fuse to form helium and release a neutron plus energy.





## QuestionIT!

### Nuclear fusion and fission (physics only – Higher Tier)

- Nuclear fission
- Nuclear fusion





- 1. Which particle is needed to begin the fission of a large, unstable nuclei?
- 2. During the fission of uranium, two smaller nuclei are produced and what else?
- 3. Copy and complete the diagram below to show the chain reaction of a sample of uranium





- 4. Explain what is meant by a controlled chain reaction.
- 5. What is nuclear fusion?
- 6. Where does nuclear fusion take place on a large scale?
- 7. Draw a diagram to show the process of fusion between deuterium and tritium to produce energy.



## **AnswerIT!**

### Nuclear fusion and fission (physics only – Higher Tier)

- Nuclear fission
- Nuclear fusion





1. Which particle is needed to begin the fission of a large, unstable nuclei?

A neutron

2. During the fission of uranium, two smaller nuclei are produced and what else?

A number of neutrons and large amounts of energy.

3. Copy and complete the diagram below to show the chain reaction of a sample of uranium



- Explain what is meant by a controlled chain reaction. Nuclear fission reaction where some of the neutrons produced in the reaction are absorbed to prevent the reaction running out control.
- What is nuclear fusion?
   The joining of two small nuclei to form a single larger nucleus.
- Where does nuclear fusion take place on a large scale? In stars (sun)
- 7. Draw a diagram to show the process of fusion between deuterium and tritium to produce energy.

