Homeostasis and Response Revision Session



Content you will NOT be assessed on

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5.1 Homeostasis

Definition **Key Term Homeostasis**

Conditions in the body controlled by homeostasis include:

Blood Glucose Concentration Body Temperature Water CS/H SS/F SS/H CS, Levels OSinclairEducation
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5.1 Homeostasis

These automatic control systems may involve nervous responses or chemical responses. All control systems include:

Part of Control System	Example	Description
Receptors		
Coordination Centre		
Effectors		
③@SinclairEducation		CS/F CS/H SS/F SS/H

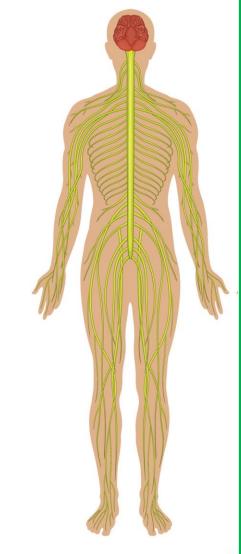
Think Pair

Share

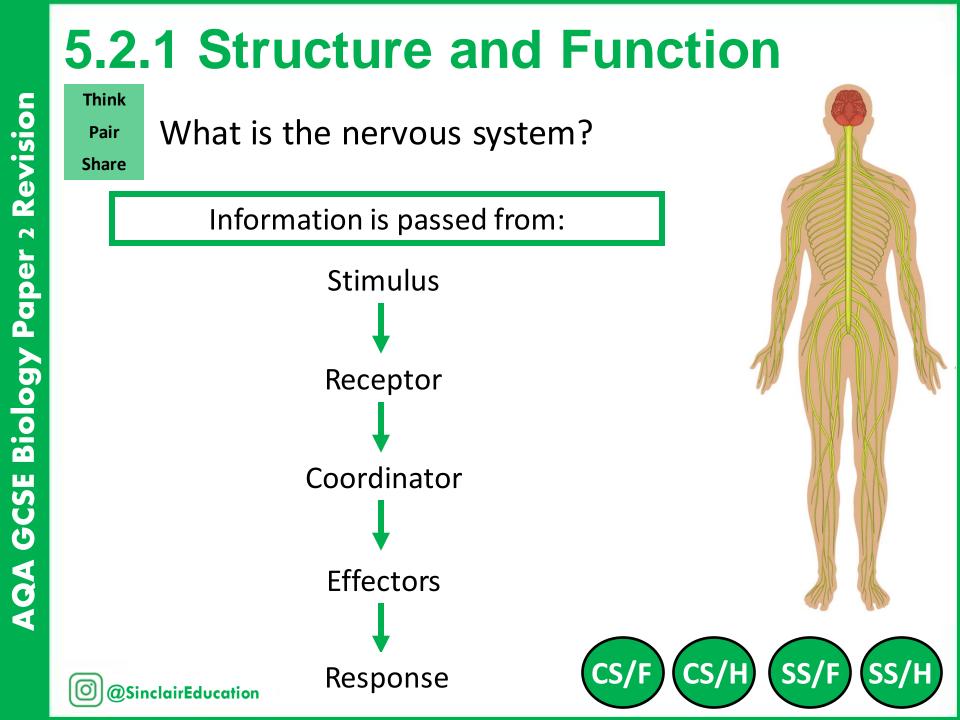
What is the nervous system?

It is a system that enables animals to react to their surroundings and to coordinate their behaviour.

It is made up of the central nervous system which includes the brain and spinal cord as well as the peripheral nervous system which includes nerves.



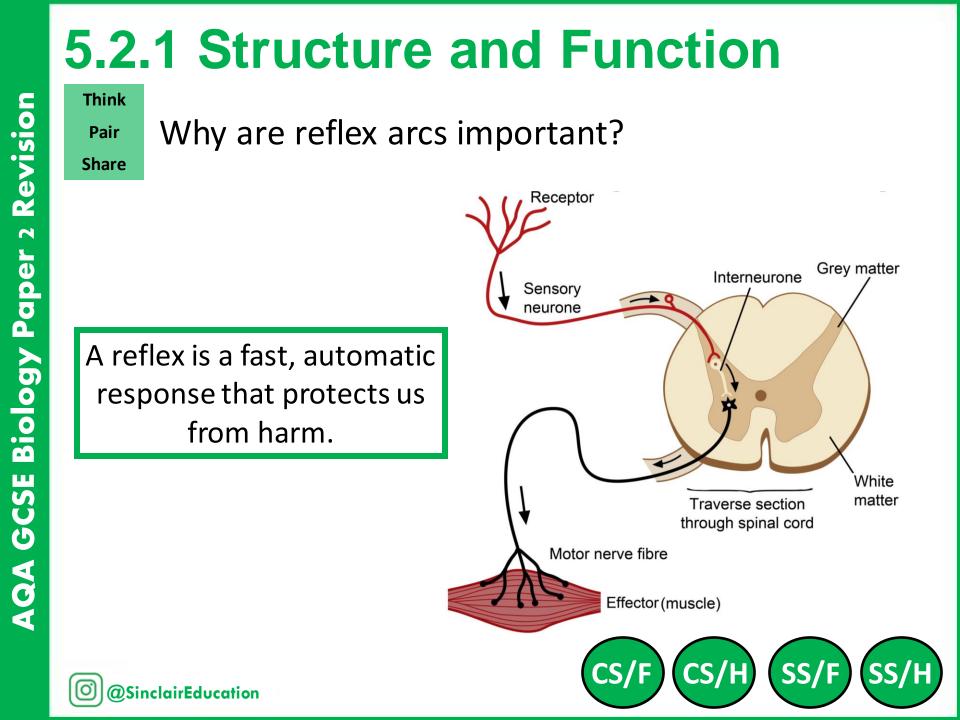


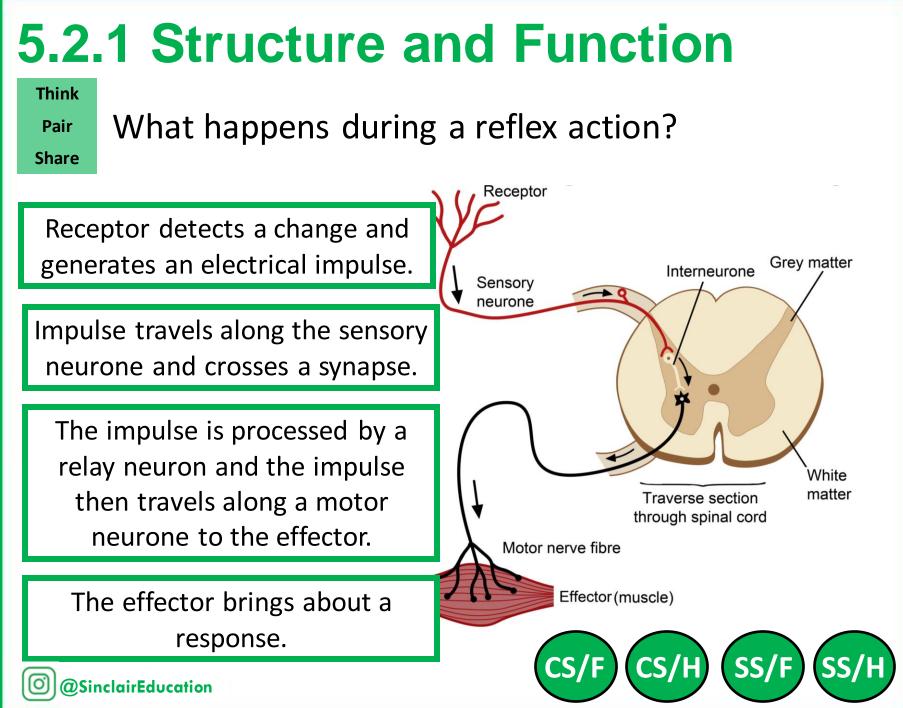


Key Term	Definition
Nervous System	
Central Nervous System	
Sensory Neurone	
Synapse	
Relay Neurone	
Motor Neurone	

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Think Pair

Share

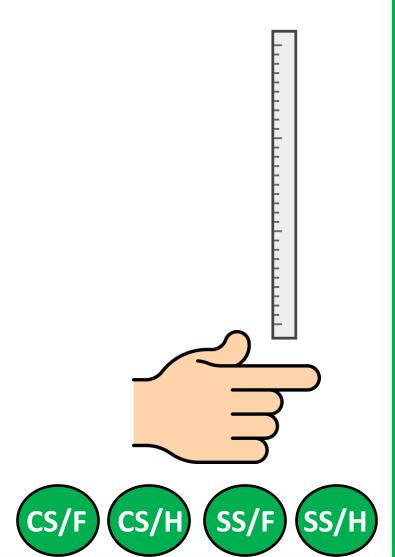
How can we determine someone's reaction time?

1.

Person catching sits down, rests weaker arm across the table, with the hand overhanging the edge.

2.

Person dropping the ruler holds it so that the bottom end of the ruler is in line with the catches thumb and forefinger.



Think Pair

Share

How can we determine someone's reaction time?

SS/F

SS

3. Without warning the ruler is dropped.

4.

The other person catches the ruler and the distance the ruler fell is recorded.

5.

Repeat this several times.

Think Pair

Share

How can we determine someone's reaction time?

SS/F

6.

Identify outliers and calculate an average distance dropped.

7.

Convert this distance dropped to a reaction time using a table.`

Think Pair Share

How can we determine someone's reaction time?

SS/F

SS/

We can use this method to investigate the effects of caffeine, practice and tiredness on someone's reaction time.

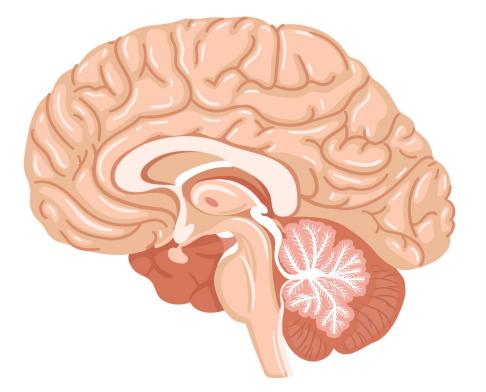
Think Pair

Share

What is the function of the brain?

The brain is an organ that controls complex behaviours.

It is made of billions of interconnected neurones and has different regions that carry out different functions.





Think Pair Share What are the different regions of the brain and what are their functions?

Cerebral Cortex

The part of the brain that controls intelligence, personality and conscious thought. It is responsible for decision making.

Medulla

The part of the brain which controls unconscious activities such as breathing and heart rate. The part of the brain that controls balance, coordination movement and muscular activity.

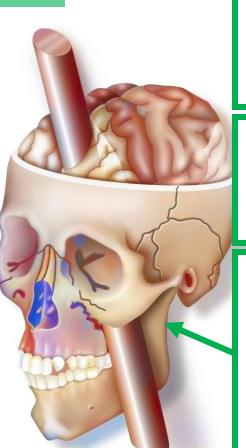
SS/F

Cerebellum



brain do?

Think Pair Share

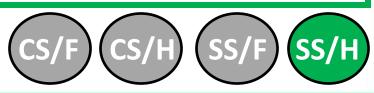


How do we know what different regions of the

One way we know about what different parts of the brain do is through studying patients with brain damage.

This involves identifying the area of the brain that someone has damaged and observing the result of this.

For example, in the 1800's Phineas Gage was working, and an iron rod went through his skull. He survived, bit his personality was changed. This was due to the parts of the brain that he had damaged.



Think Pair Share

How do we know what different regions of the brain do?

There are ethical concerns around obtaining consent. If the person being studied has brain damage, they may not be capable to making informed choices.



brain do?

Think Pair

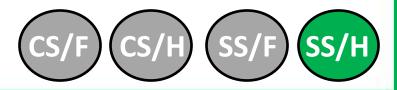
Share

How do we know what different regions of the

Another way of mapping the brain involves electrically stimulating different parts of the brain by using a weak electrical current.

The patient is awake and so is able to describe what they experience when their brain is stimulated. This may be that they see something, remember something or smell something.

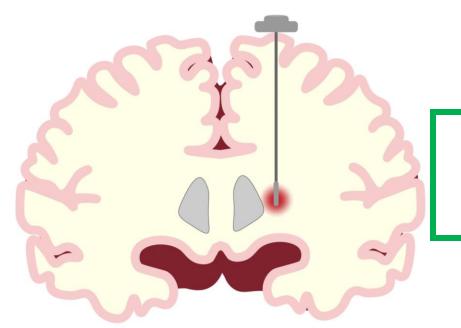
If a motor area of the brain is stimulated, they will move involuntary.



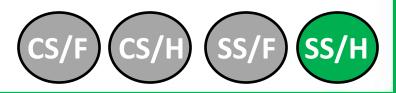
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Think Pair Share

How do we know what different regions of the brain do?



There are risks with the procedure which can raise concerns.

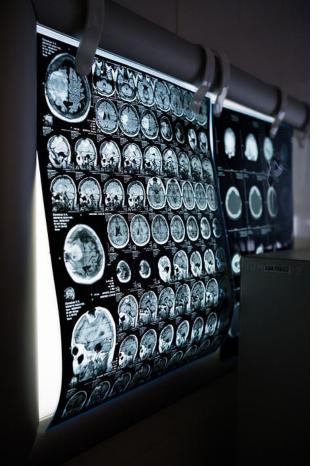


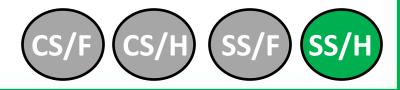
Think Pair Share

How do we know what different regions of the brain do?

Another way of mapping the brain is using MRI scanning techniques.

This involves using strong magnetic fields and radio waves to study the brain. A patient's brain is scanned while they are doing a certain task and the scientists see what parts of the brain are active.



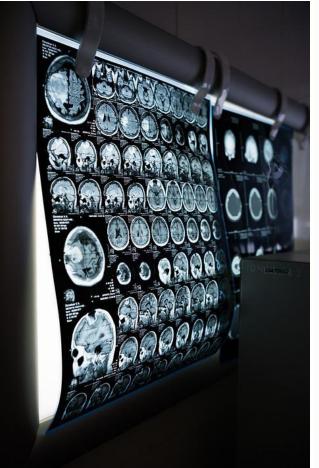


Think Pair Share

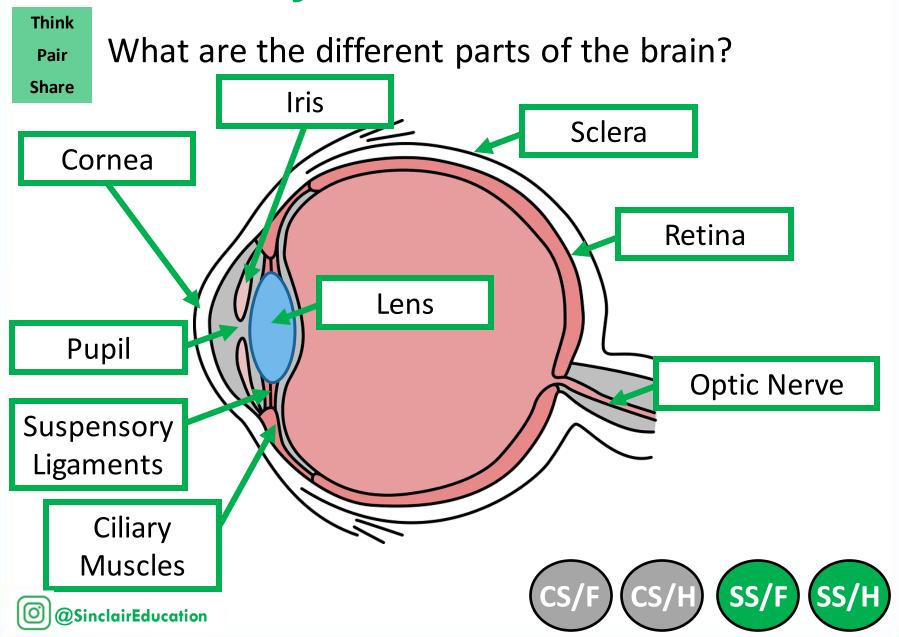
How do we know what different regions of the brain do?

Procedure is relatively safe and can be used to locate the general area that for different functions of the brain.

The person having the scan will need to stay completely still which may not be possible if the person has a condition such as Parkinson's.







Think Pair

What is the function of the different structures?

Share

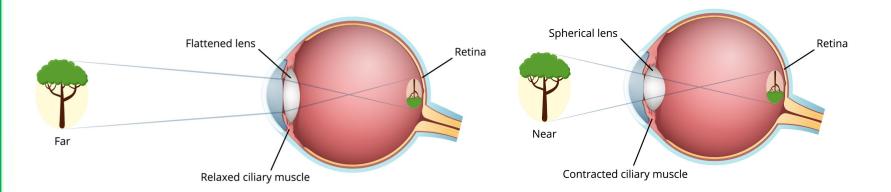
Key Term	Definition
Retina	
Optic Nerve	
Sclera	
Cornea	
Iris	



Think Pair

Share

How can we focus on near and far objects?



Key Term	Definition
Accommodation	

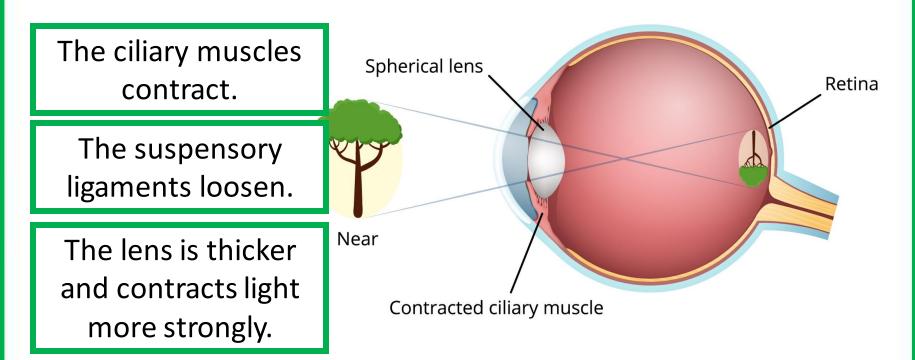




Think Pair

How can we focus on a near object?

Share



SS/F

SS/H

CS.

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5.2.3 The Eye Think How can we focus on a far object? Pair Share The lens is then pulled The suspensory ligaments are pulled thin and only slightly The ciliary muscles relax. refracts light rays. tight. Flattened lens Retina Far Relaxed ciliary muscle SS/F CS. SS/H @SinclairEducation

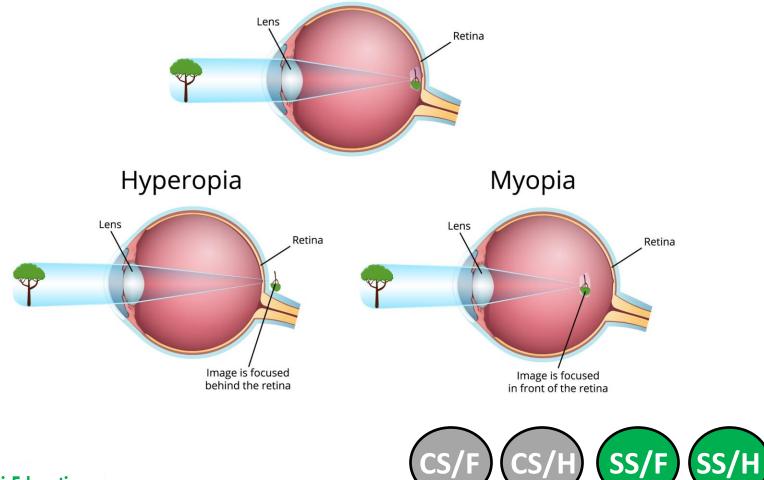
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Think Pair

Share

What are some common defects of the eye?

Normal vision

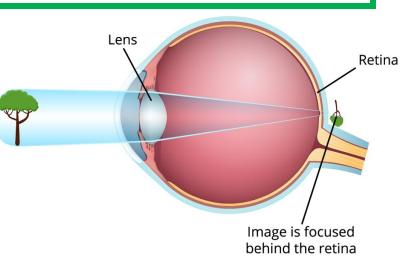


Think Pair

What are some common defects of the eye?

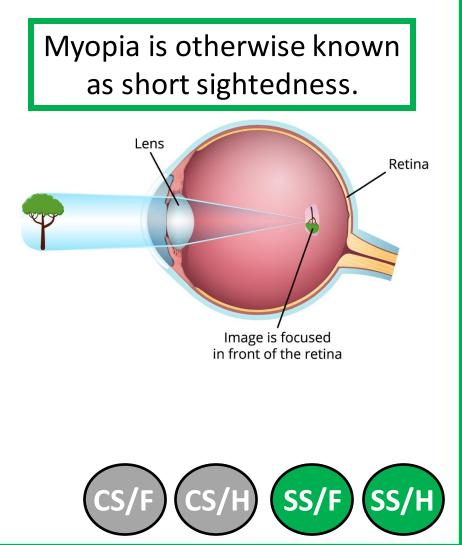
Share

Hyperopia is otherwise known as long sightedness.



The rays of light do not focus on the retina.

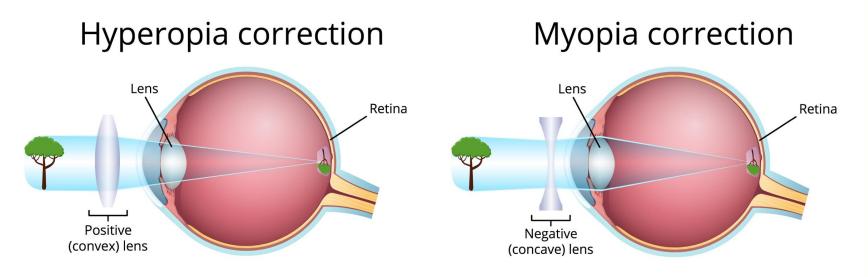
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Think Pair

How are these defects corrected?

Share



Generally, these defects are treated with spectacle lenses which refract the light rays so that they do focus on the retina.





Think Pair Share

How are these defects corrected?

New technologies also include laser eye surgery to change the shape of the cornea. Hard and soft contact lenses.

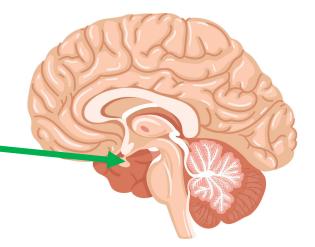
Replacement lenses in the eye.



CONTACT LENSES

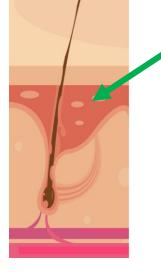
AQA GCSE Biology Paper 2 Revision

Body temperature is monitored and controlled by the thermoregulatory centre in the brain. It contains receptors sensitive to the temperature of the blood



The skin contains temperature receptors and sends nervous impulses to the thermoregulatory centre.





If the body temperature is too high....

Sweat glands produce sweat

Blood vessels dilate (vasodilation)



These increase the transfer of energy from the skin to the environment.



If the body temperature is too low....

Sweat glands stop producing sweat

Blood vessels constrict (vasoconstriction)

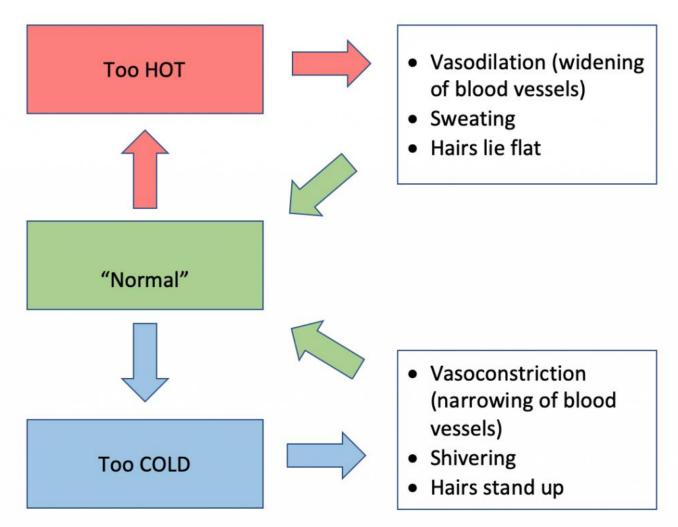
Skeletal muscles contract causing shivering.



These decrease the transfer of energy from the skin to the environment.

The shivering causes more respiration to take place in the muscles which releases heat.





SS/F

CS.

SS/H



Exam Practice

Humans keep their internal conditions almost constant.

Body temperature is kept within a narrow range.

When the core body temperature is too low, this is detected by the thermoregulatory centre in the brain.

Describe how the body responds when a decrease in core body temperature is detected.

Blood vessels supplying skin.	supplying skin
-------------------------------	----------------

..constrict

Reducing blood flow

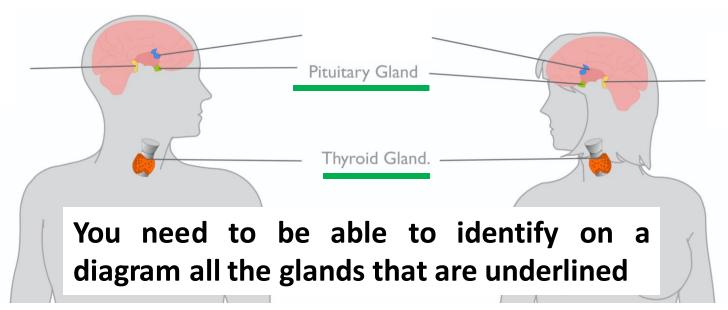
Less energy lost to surroundings

Muscles contract causing shivering

The respiration releases thermal energy

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5.3.1 Human Endocrine System



- The pituitary gland in the brain is a 'master gland' which secretes several hormones into the blood in response to body conditions.
- These hormones in turn act on other glands to stimulate other hormones to be released to bring about effects.

5.3.2 Control of Blood Glucose

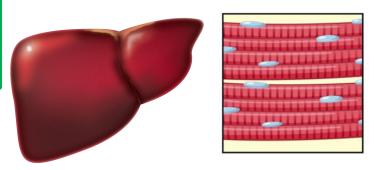
Blood glucose concentration is monitored and controlled by the pancreas.

When blood glucose concentration is too high...

The pancreas makes insulin.

Insulin causes glucose to move from the blood into the cells.

Liver and muscle cells convert glucose into glycogen for storage.





Revision AQA GCSE Biology Paper

5.3.2 Control of Blood Glucose

Blood glucose concentration is monitored and controlled by the pancreas.

When blood glucose concentration is too low..

The pancreas makes **glucagon**.

Glucagon causes glycogen to be converted into glucose and released into the blood





Think Pair Share

What is diabetes?

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Think Pair Share **Diabetes** is a disease in which the body's ability to produce or respond to the hormone **insulin** is impaired. This means that the body is unable to control **blood glucose** levels.

Type 1

The body is unable to produce enough insulin

Type 2

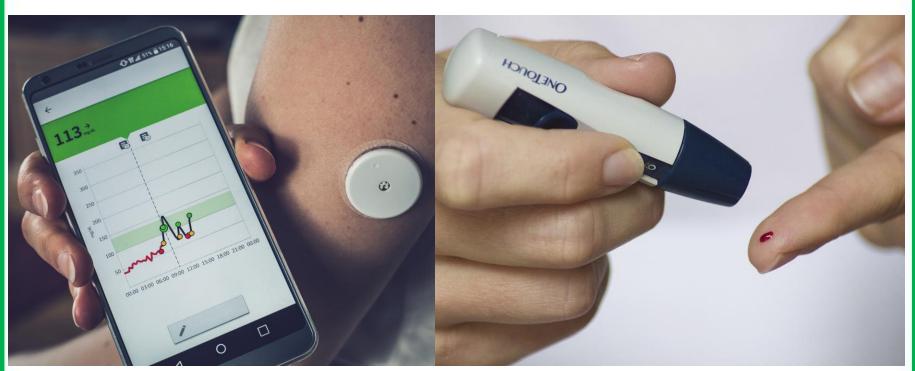
The body is unable to **respond** to the insulin produced **Risk Factor = Obesity**

Insulin is a protein/hormone released by the pancreas

Both of these types of diabetes are characterised by uncontrolled high glucose levels.



What do these images show? Why is this been done?



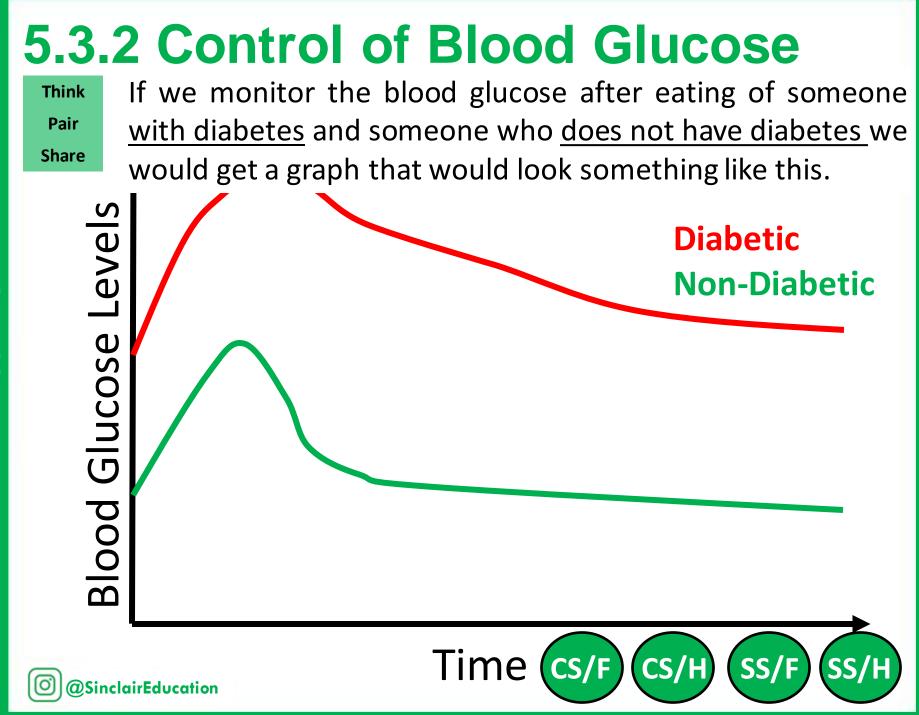


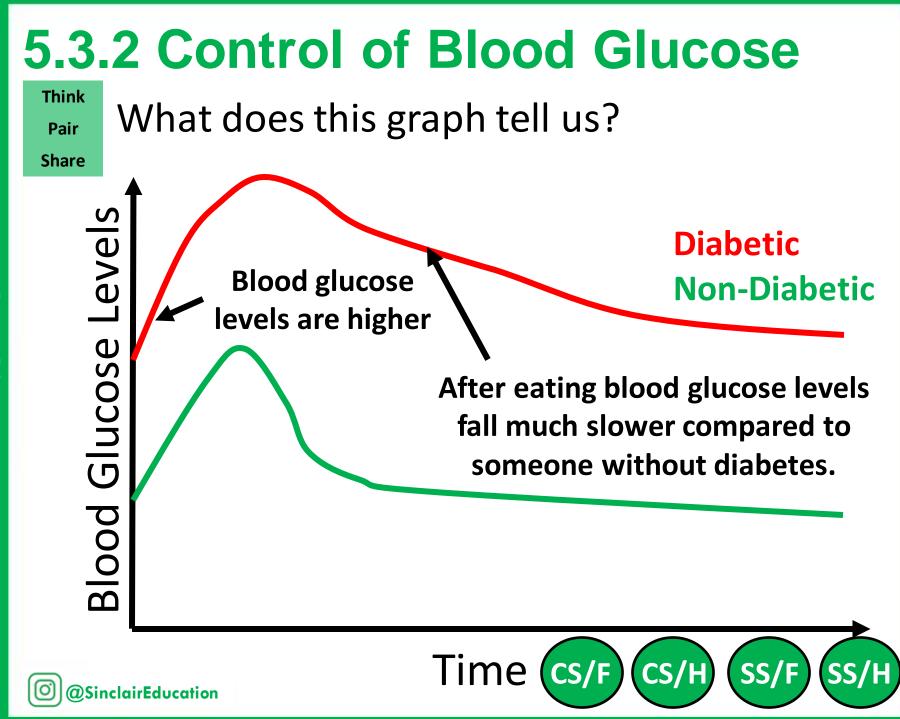


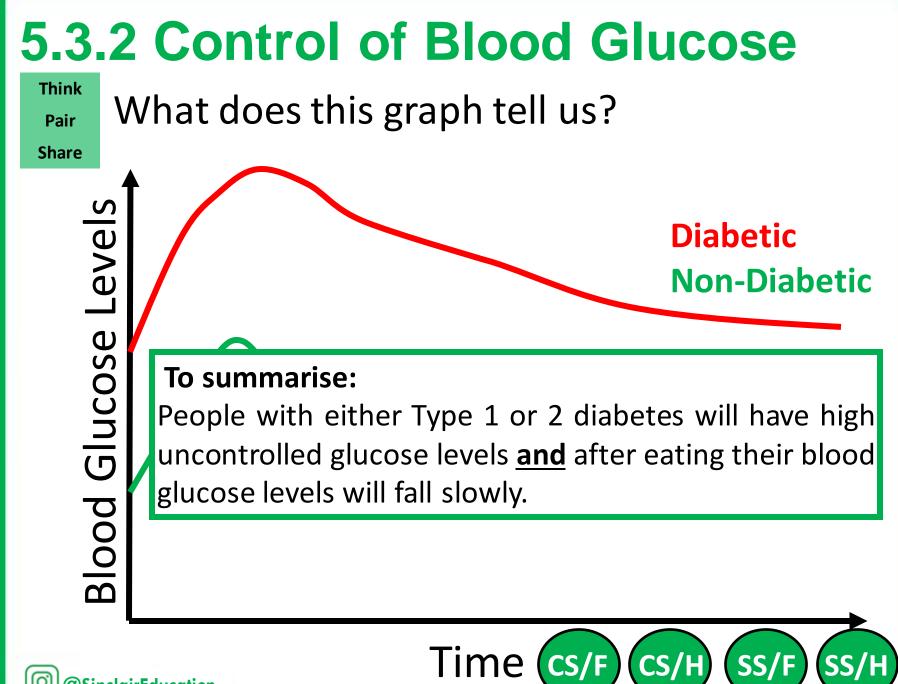
Think Pair Share People with diabetes need to test their blood glucose regularly. This can be done using different devices. It helps someone track if their blood sugar is too high or low and helps them manage their diabetes.

People with either Type 1 or Type 2 diabetes need to monitor their blood glucose.









Think Pair		che difference betweer	n Type 1 and Type 2		
Share	diabetes?	Type 1	Type 2		
Blood Glucose		High uncontrolled blood glucose levels that fall slowly after eating.			
Cause		The body does not produce enough insulin	The body does not respond to insulin		
Insulin Levels In Blood		Low High			
Treatment		Insulin Injection	Controlled Diet and Exercise		

Think Pair Share Why must the insulin be given as an injection and cannot be taken as a tablet?



Think Pair		the difference betweer	n Type 1 and Type 2		
Share	diabetes?	Type 1	Type 2		
Blood Glucose		High uncontrolled blood glucose levels that fall slowly after eating.			
Cause		The body does notThe body does notproduce enough insulinrespond to insulin			
Insulin Levels In Blood		Low	High		
Treatment		Insulin Injection	Controlled Diet and Exercise		

Insulin is a **protein**. If it were taken as a tablet it would be digested by proteases (enzymes) in the stomach. Share



Revision **Biology Paper AQA GCSE**

5.3.2 Control of Blood Glucose

You need to be prepared to interpret graphs and tables about insulin levels and identify if the person has Type 1 or Type 2 diabetes

To identify **Type 1**:

- Look for a high glucose level
- Look for a glucose level that does not fall
- Look for <u>low</u> insulin levels

To identify **Type 2**:

- Look for a high glucose level
- Look for a glucose level that does not fall
- Look for <u>high</u> insulin levels

Their glucose levels will be high as they don't have enough insulin to control the glucose levels. Glucose does not move into liver cells as the body is not responding to insulin.

So glucose levels remain high.

This causes even more insulin to be released.



A person eats a meal containing a lot of carbohydrate. This causes an increase in the person's blood glucose concentration.

Explain how the hormones insulin **and** glucagon control the person's blood glucose concentration after the meal.

Insulin secretion

Insulin causes glucose to enter cells/liver/muscles Glucose is converted into glycogen

Blood glucose decreases causing glucagon secretion

Glucagon causes glycogen to be converted into glucose

The body cells of a person with Type 2 diabetes do not respond to insulin.

A person with Type 2 diabetes often has a higher blood **insulin** concentration than a non-diabetic person.

Explain why.

Cells absorb less glucose

Glucose concentration remains high

Pancreas secretes more insulin

(3)

Compare how each type of diabetes is caused.

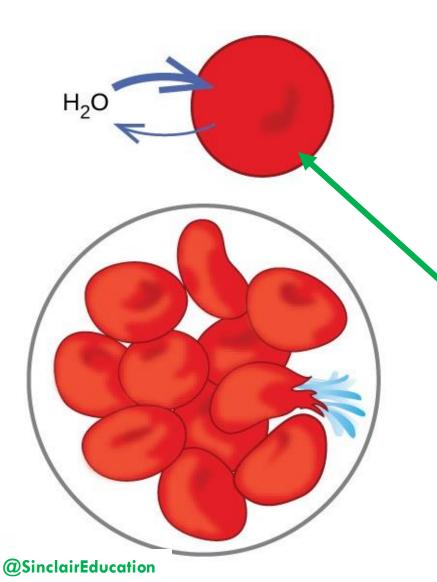
Suggest how each type of diabetes can be treated.

Type 1 is when not enough insulin is produced

Type 2 is when the body doesn't respond to insulin

Type 1 treated with insulin injections

Type 2 treated with diet and exercise



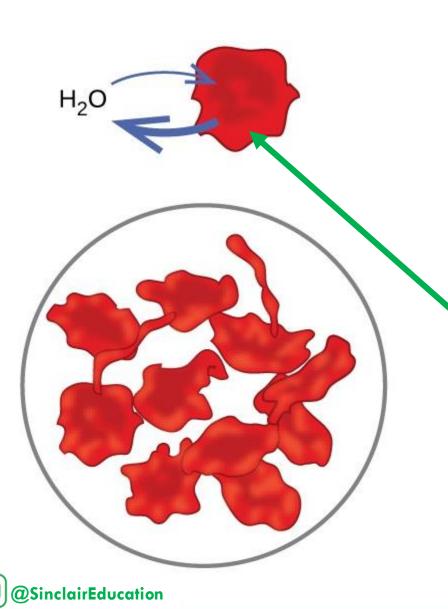
High water levels in the blood

The blood is dilute

Net movement of water into the cell by osmosis.

The cells swell and can burst.





Low water levels in the blood.

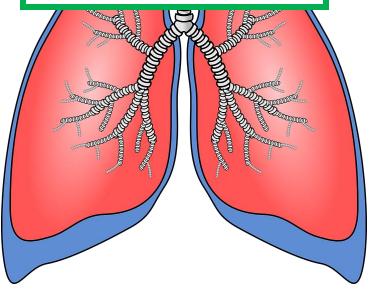
The blood is concentrated.

Net movement of water out the cell by osmosis.

The cells shrink and wont function properly.



Water leaves the body via the lungs during exhalation.





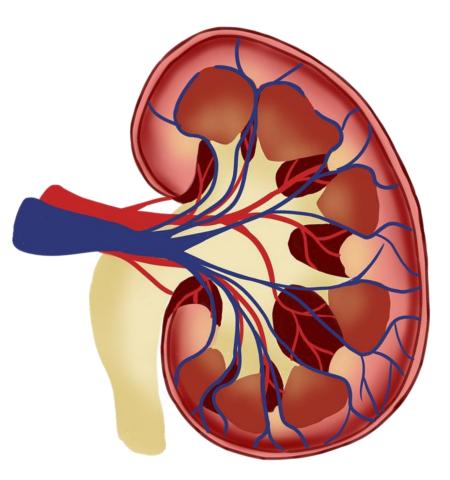
Water, ions and urea are lost from the skin in sweat.

SS/F

There is no control over the water, ions or urea loss by the lungs or skin.

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Excess water, ions and urea are removed via the kidneys in the urine.

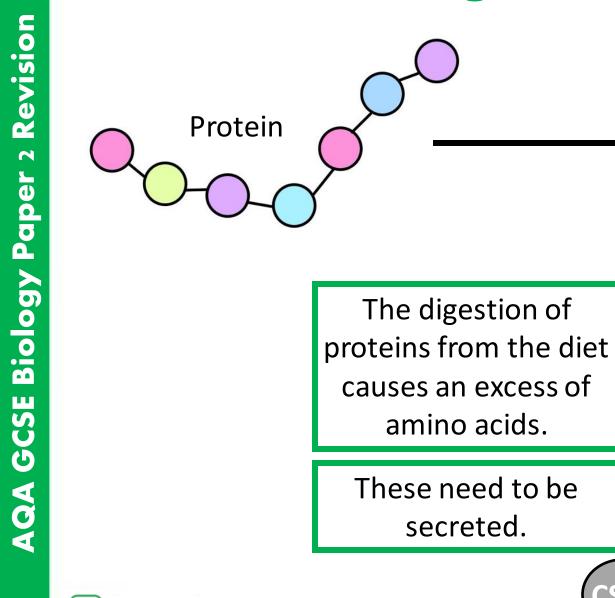


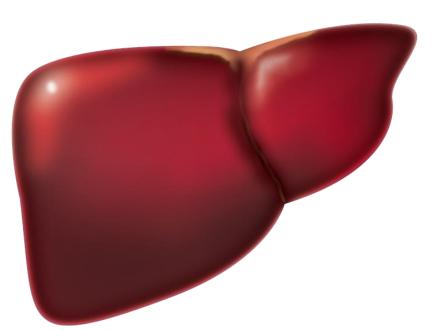


CS

SS/F

SS





In the liver amino acids are deaminated to make ammonia.

Ammonia is toxic.

It is immediately converted to urea for safe excretion



The kidneys maintain the water balance of the body.

The kidneys produce urine by filtration of the blood and selective reabsorption of useful substances such as glucose, some ions and water.

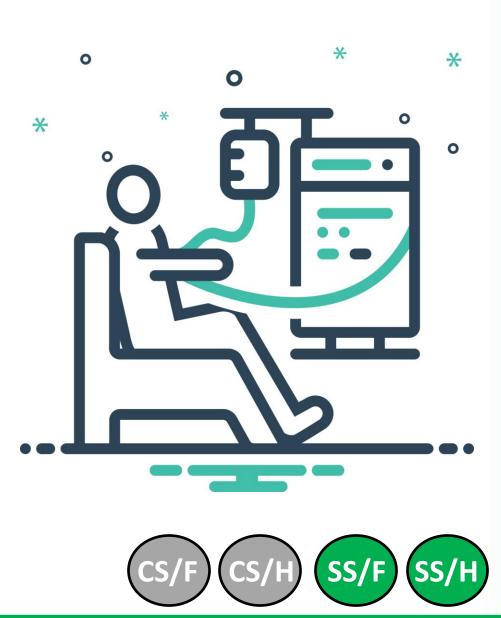
SS/

People who suffer from kidney failure may need a transplant or dialysis.

Unfiltered flood high in urea is taken from a blood vessel in the arm

The blood is mixed with thinners to prevent clotting.

The blood enters the dialysis machine where the blood and dialysis fluid are separated by a partially permeable membrane.



Dialysis fluid contains:

A glucose conc similar to normal level in the blood.

A conc of ions similar to that in normal blood plasma.

No urea

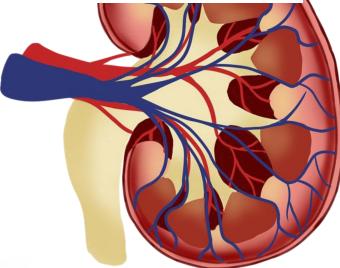
The urea is removed from the blood by diffusion and the water/ion balance is restored.





Key Term	Definition
ADH	

When blood is too concentrated...



The pituitary gland releases ADH.

This increases the permeability of the kidney tubules.

More water is reabsorbed.

Small volumes of concentrated urine is made.



A man is walking across a desert.

The man has used up his supply of drinking water.

Explain how the gland you named in part (a) and the kidneys reduce water loss.

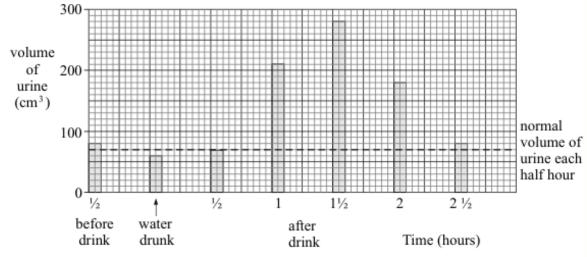
Blood concentration becomes higher

ADH is secreted

Kidney tubules increase in permeability

Increased water absorption

Small volumes of concentrated urine produced



Describe, in as much detail as you can, how drinking the water affected the volume of urine produced afterwards.

no effect for first half hour/until 1 hour rises to 210cm/to 3x level after 1 hour rises to 280cm/to 4x level after 1½ hour *reference to* 280cm/1½ hour as maximum level falls to (near) normal after 2½ hours comparison of rates of change e.g. rapid then slower rise and/or steady fall not all of 800cm³ excreted (extra to normal)

5.3.4 Hormones in Reproduction

During puberty reproductive hormones cause secondary sex characteristics to develop.

- Oestrogen is the main female reproductive hormone produced in the ovary. At puberty eggs begin to mature and one is released approximately every 28 days. This is called ovulation.
- Testosterone is the main male reproductive hormone produced by the testes and it stimulates sperm production.



5.3.4 Hormones in Reproduction

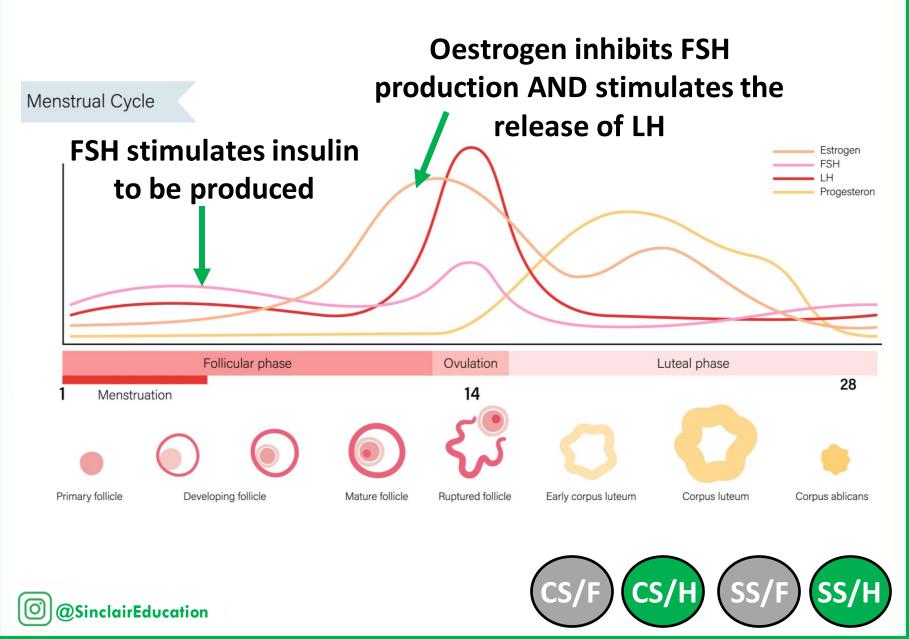
Several hormones are involved in the menstrual cycle of a woman.

Hormone	Function





5.3.4 Hormones in Reproduction

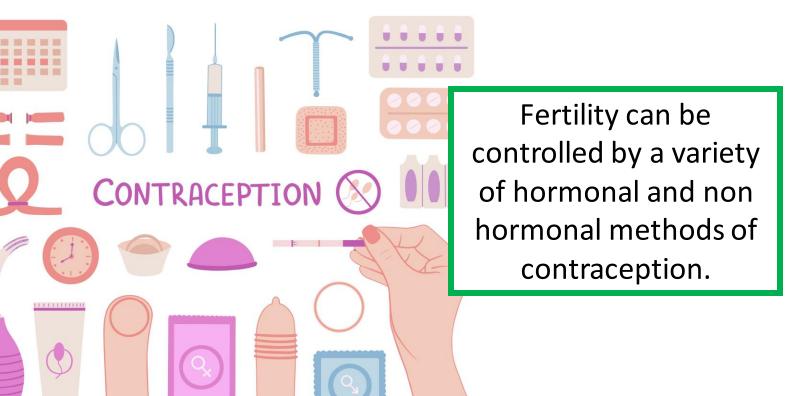


Think Pair

How can fertility be controlled?

Share

②SinclairEducation





How can fertility be controlled? Share



SS/F

SS/H

CS/H

CS,

Contraceptive	Hormonal/ Non-Hormonal	What it Does	+	-
Oral	Hormonal	Contain hormones to inhibit FSH production so that no eggs mature	Can reduce some types of cancer	Risk of high blood pressure.





How can fertility be controlled?

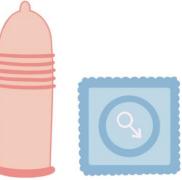
Share

Contraceptive	Hormonal/ Non-Hormonal	What it Does	+	-
Injection	Hormonal	Slow release progesteron e to inhibit the maturation and release of eggs for a number of months	Don't have to remember to take a pill everyday.	Side effects





How can fertility be controlled? Share



SS/F

SS/H

CS/H

CS

Contraceptive	Hormonal/ Non-Hormonal	What it Does	+	-
Barrier Method	Non- Hormonal	Prevent the sperm reaching an egg	Easy to use	Can tear or rip.
	1	L	I	1





Share

How can fertility be controlled?

Contraceptive	Hormonal/ Non-Hormonal	What it Does	+	-
Intrauterine Device	Hormonal	Prevent the implantation of an embryo or release a hormone	Can remain in position for a long time	Risk of ectopic pregnancy.

SS/F

SS/H

CS/H



Think Pair

Share

How can fertility be controlled?

Contraceptive	Hormonal/ Non-Hormonal	What it Does	+	-
Spermicidal Agents	Non- Hormonal	Kill or disable sperm	Can be added to a barrier contraceptive	Can cause allergic reactions

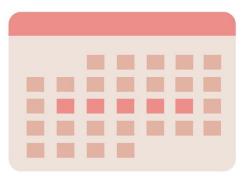






Share

How can fertility be controlled?



CS/H

CS,

SS/F

SS/H

Contraceptive	Hormonal/ Non-Hormonal	What it Does	+	-
Abstaining	Non- Hormonal	Not having intercourse when an egg may be in the oviduct	Cam be used for religious reasons.	If timings are not accurate the chance of pregnancy is high.



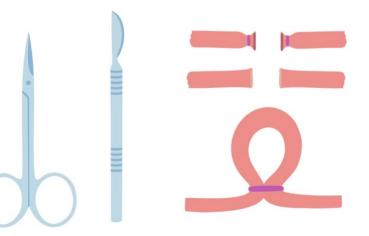
5.3.5 Contraception

Think Pair

How can fertility be controlled?

Share

Contraceptive	Hormonal/ Non-Hormonal	What it Does	+	-
Surgical Methods	Non- Hormonal	Sterilisation	Effective a preventing pregnancy.	Can't be reversed





Hormones can be used to help treat infertility

FSH and LH can be used as a fertility drug for a woman. She may then become pregnant in the normal way.



FERTILIZATION

OVARIAN



EMBRYO CULTURE







EMBRYO TRANSFER

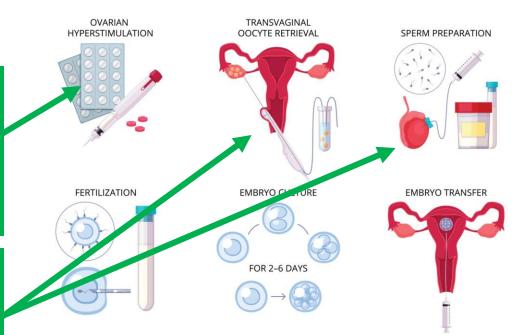




In IVF:

The mother is given FSH and LH to stimulate the maturation of several eggs.

The eggs are collected from the mother and sperm is collected from the father.





OVARIAN

HYPERSTIMULATION

FERTILIZATION

TRANSVAGINAL

OOCYTE RETRIEVAL

EMBRYO CULTURE

FOR 2-6 DAYS

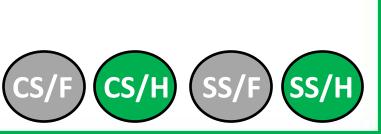
SPERM PREPARATION

EMBRYO TRANSFER

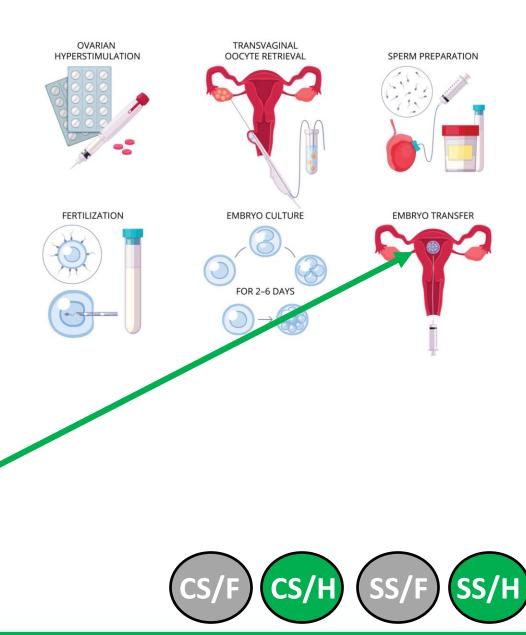
In IVF:

The eggs are then fertilised with the father's sperm in the lab

The fertilised eggs develop into embryos.



In IVF:

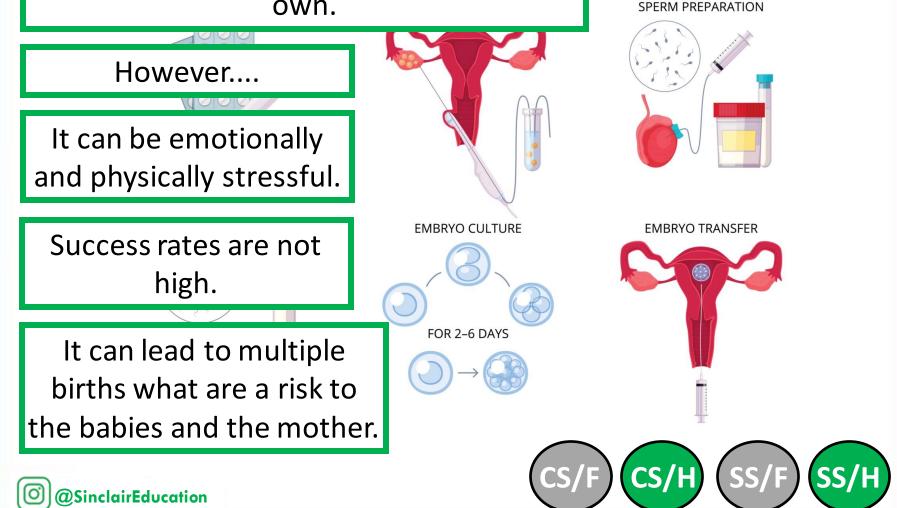


At the stage when they are tiny balls of cells, one or two embryos are inserted into the mother's uterus.

Revision AQA GCSE Biology Paper 2

5.3.6 Treating Infertility

Fertility treatments can be used to give a woman the change to have a baby of her own.



5.3.7 Negative Feedback

In times of fear or stress the adrenal glands make adrenaline.

Adrenaline increases heart rate.

This increases the supply of oxygen and glucose to the heart and brain.

Adrenaline prepares the body for flight or fight.

CS/H

SS/

Adrenal Gland

These can be used for respiration.

5.3.7 Negative Feedback

d Gland

Isthmus

Left Lobe

CS/H

SS/H

SS/F

CS/

The thyroid gland makes and secretes thyroxine.

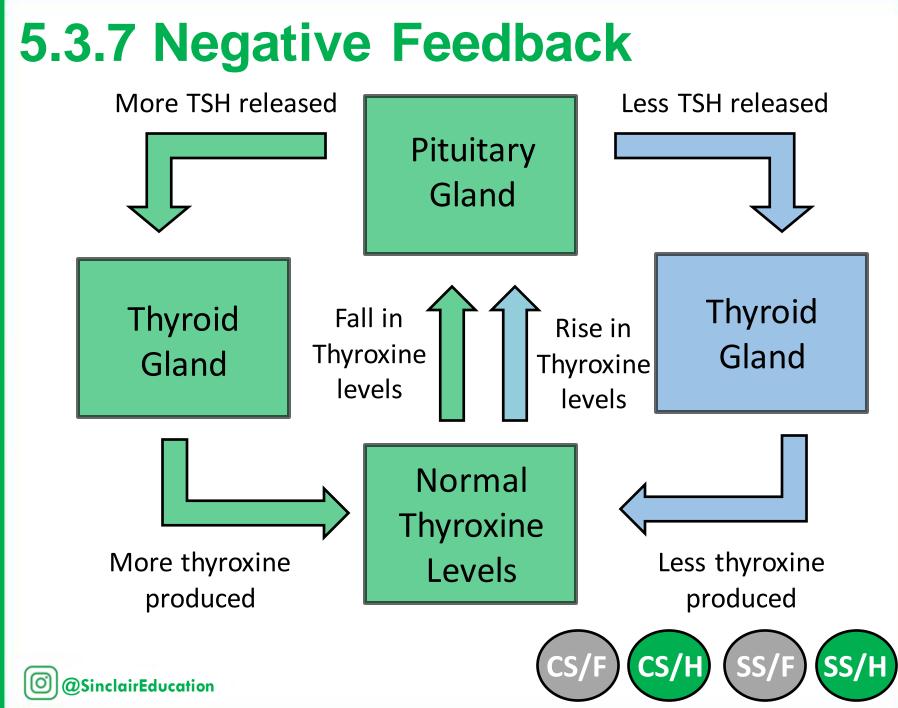
Thyroxine stimulates the basal metabolic rate.

Dialet Lobe Thyroxine is important in growth and development.

It is controlled by negative feedback.

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Plants make hormones to coordinate and control growth and responses to light and gravity.





Key Term	Definition
Phototropism	
Gravitropism/ Geotropism	

SS/F

CS/H

CS.

SS/H



Unequal distributions of auxin cause unequal growth rates in plant roots and shoots.

In shoots auxin promotes growth.

In roots auxin inhibits growth.

Auxin moves to the shaded side and promotes the growth of cells. Light



Key Term	Definition
Auxin	
Gibberellins	
Ethene	



5.4.1 Control and Coordination Think Revision Pair Share 2 **Biology Paper** Set up 3 petri dishes with some damp cotton wool at the

AQA GCSE

How can you determine the effect that the light has on the growth of plants?

2. Add 10 seeds to each petri dish. x10

bottom.

3.

Place the petri dishes in a warm place and allow to germinate. Water equal amounts if they get dry.



Think Pair Share

How can you determine the effect that the light has on the growth of plants?

4.

Once the seeds have germinated make sure the number of seeds on each plate is the same.

5.

Place dishes in position. One on windowsill, one in cupboard and one in partial light.



Think Pair Share

How can you determine the effect that the light has on the growth of plants?

6.

Measure the height of the seedlings each day for 7 days calculating a daily average for each location.



7. Plot your results in a graph of mean height against time for each location.



Exam Practice

Plan an investigation to show the effect of light from one direction on the growth of plant seedlings.

Include details of any controls needed.

You may use some of the equipment shown in Figure 1 and any other laboratory apparatus.

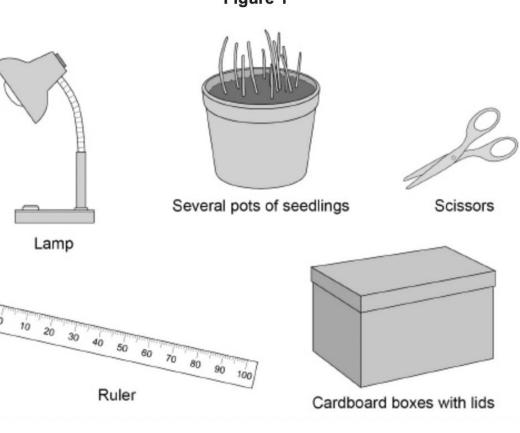


Figure 1

Exam Practice

Plan an investigation to show the effect of light from one direction on the growth of plant seedlings.

Include details of any controls needed.

You may use some of the equipment shown in **Figure 1** and any other laboratory apparatus.

Figure 1

Level 3: The method would lead to the production of a valid outcome. All key steps are identified and logically sequenced.

Level 2: The method would not necessarily lead to a valid outcome. Most steps are identified, but the plan is not fully logically sequenced.

Level 1: The method would not lead to a valid outcome. Some relevant steps are identified, but links are not made clear.

1–2

0

5 - 6

3 - 4

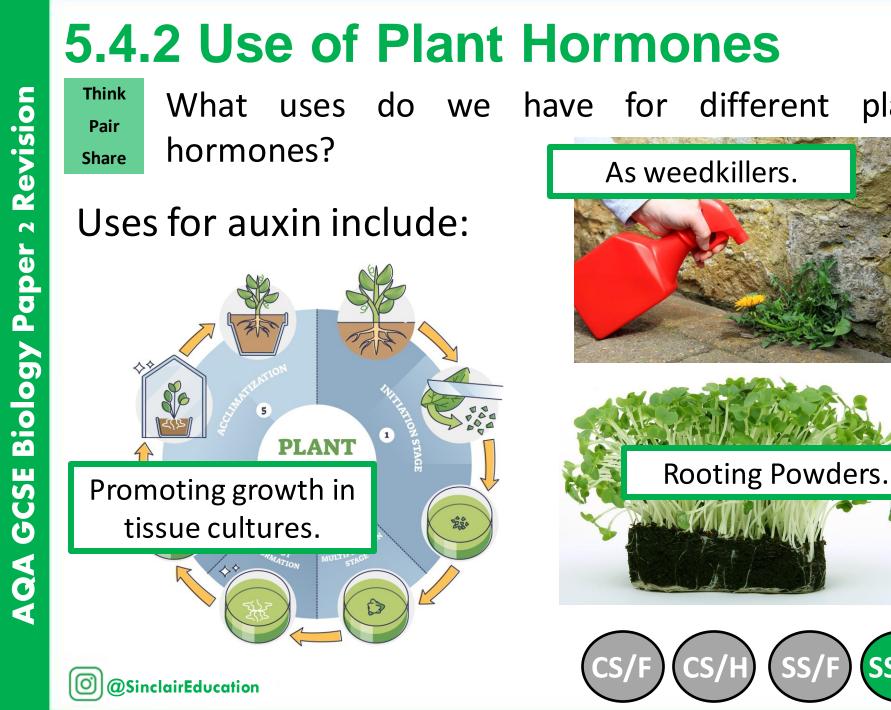
No relevant content

Exam Practice	Level 3: The method would lead to the production of a valid outcome. All key steps are identified and logically sequenced.	5-6		
Plan an investigation to show seedlings.	Level 2: The method would not necessarily lead to a valid outcome. Most steps are identified, but the plan is not fully logically sequenced.	2.4		
Include details of any control You may use some of the eq apparatus.	Level 1: The method would not lead to a valid outcome. Some relevant steps are identified, but links are not made clear. No relevant content	3-4 1-2 0		
several seedlings in each batch or one pot of seedlings in each batch				

measure heights of shoots

leave some in dark with light from one side / direction in box with hole control(s) with all-round light **or** rotating on clinostat **or** in dark control variable(s) e.g. same temperature / water / soil type after suitable time (at least several hours) record appearance of seedlings re. light direction re-measure heights of shoots detail of how bent shoots were measured – e.g. use thread or straighten them out calculate mean height increase for each group

use ruler / protractor to estimate angle of bending



plant

SS/H

5.4.2 Use of Plant Hormones

Think Pair Share

What uses do we have for different plant hormones?

Uses for ethene include:

Used in the food industry to control ripening of fruit during storage and transport.

CS

SS/F

SS/H



5.4.2 Use of Plant Hormones

Think Pair Share

What uses do we have for different plant hormones?

Uses for gibberellins include:

